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## Restaurant Allergy Information

### SET MENU - SPRING 2019

#### Tomato & Basil Soup

##### Allergy Advice

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**Contains** Celery

##### Ingredients

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Tomatoes, tomato juice, citric acid, basil, white granulated sugar (100%), Salt, Vegetable Fats (Palm, Shea Butter, Sal Butter), Potato Starch, Yeast Extract, Sugar, Onion Powder (2%), Carrots (1.5%), Herbs (Parsley, Tarragon), Spices (Celery Seeds, Garlic, Turmeric, Pepper, Parsley Roots), Tomato Powder (0.9%), Red Bell Pepper (0.2%), Caramel Syrup, Flavourings (contain Celery), Leek, Maltodextrin

#### Ardennes Pate

##### Allergy Advice

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**Contains** Eggs

**May Contain** Nuts

##### Ingredients

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Pork Liver (34%), Chicken Fat, Chicken (22%), Gelatine Layer (7%), Potato Starch, Salt, Preservative (Potassium Lactate), Stabilisers (Citric Acid Esters of Mono- and Di-Glycerides of Fatty Acids, Disodium Diphosphate), Onion, Milk Proteins, Dextrose, Tomato Puree, White Pepper, Yeast Extract, Rice Flour, Cayenne Pepper, Antioxidant (Sodium Ascorbate), Acidity Regulator (Citric Acid). Gelatine Layer contains: Water, Sucrose, Sucrose Syrup, pork gelatine, Glycerine, Black Peppercorns, Preservatives (Acetic Acid, lactic Acid), Tarragon Extract, Cardamom, Apricot, Hydrolysed Vegetable Proteins (Rapeseed), Salt, Thickener (Carrageenan), Pork Protein, Yeast Extract, Plain Caramel.

#### Caramelised Red Onion Chutney

##### Allergy Advice

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**Contains** None of the 14 allergens are contained in this product

##### Ingredients

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Re-hydrated Red Onions (68%), Brown Sugar, Re-hydrated Onions, Red Wine Vinegar (15%), Cane Sugar, Colour (Plain Caramel) (2%), Modified Maize Starch, Sea Salt, Ground Ginger, Cinnamon Powder, Ground Nutmeg.



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## Restaurant Allergy Information

### Bread Roll / Toast

#### Allergy Advice

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**Contains** Wheat

**Contains** Soya

These products are from an In-Store Bakery and are not suitable for customers with an allergy to Peanut, Nut, Sesame, Milk, Egg, Celery, Mustard, Wheat, Gluten, Rye, Barley, Oat, Spelt, Kamut, Soya or Sulphites **due to manufacturing methods.**

### Smoked Haddock & Spring Onion Fish Cake

#### Allergy Advice

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**Contains** Fish

**Contains** Mustard

**Contains** Wheat

#### Ingredients

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Smoked haddock (38%) [Haddock (Fish), Salt, Colours (Curcumin, Annatto)], Potato Chips (Potato, Sunflower Oil, Dextrose), Potato, Spring Onions (5%), Rapeseed Oil, Seasoned Flour Dusting (Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Wheat Starch, Maize Flour, Maize Starch, Salt, Black Pepper, Mustard Flour, Dextrose).

### Lemon Mayonnaise

#### Allergy Advice

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**Contains** Eggs

#### Ingredients

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Lemon juice, Rapeseed oil, Water, Spirit Vinegar, Sugar, Egg Yolk Powder (1%), Stabiliser (Xanthan Gum), Salt, Acidity Regulator (Acetic Acid), Preservative (Potassium Sorbate), Colour (Mixed Carotenoids)



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## Restaurant Allergy Information

### Apple & Roquefort Cheese Salad

#### Allergy Advice

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**Contains** Milk

#### Ingredients

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Apple, Red chard salad, Raw sheep's milk, salt, rennet, Lactique starter, Penicillium Roqueforti

### Toasted Sesame Oil

#### Allergy Advice

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**Contains** Sesame Seeds

#### Ingredients

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Toasted Sesame Oil

### Cheddar Cheese Soufflé

#### Allergy Advice

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**Contains** Egg

**Contains** Milk

**Contains** Mustard

**Contains** Wheat

**May Contain** Traces of nuts

#### Ingredients

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Egg White (37%) (Egg White, Egg Yolk), Cheddar Cheese (30%) (Milk), Whipping Cream (Milk) (17%), Water, Modified Maize Starch, Egg White Powder (1.5%) [Wheat Starch, Egg White, Sugar, Modified Potato Starch, Dextrose, Acidity Regulator (Potassium Tartrates), Acidity Regulator (Calcium Lactate), Preservative (Lactic Acid), Stabiliser (Guar Gum), Antioxidant (Tartaric Acid)], Rapeseed Oil, Cheese Flavour [Milk, Milk Proteins, Flavouring, Salt, Preservative (Lactic Acid), Mustard Flour, Black Pepper], Chive, Salt, Raising Agent (Sodium Bicarbonate).



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## Restaurant Allergy Information

### Tomato Chutney

#### Allergy Advice

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**Contains Mustard**

#### Ingredients

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Water, Crushed Tomatoes (17%), Sugar, Red Wine Vinegar, Chopped Tomatoes (10%), Tomato Paste (4.5%), Diced Tomatoes (3.5%), Muscovado Sugar, Thickener (Modified Maize Starch), Gherkins, Onion, Apple, Salt, Apricots, Mustard Seed, Concentrated Lemon Juice, Colour (Plain Caramel), Preservative (Potassium Sorbate), Cayenne Pepper.

### Melon

#### Allergy Advice

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**Contains** None of the 14 allergens are contained in this product

#### Ingredients

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Melon

### Chicken Fillet

#### Allergy Advice

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**Contains** None of the 14 allergens are contained in this product

#### Ingredients

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Chicken (100%)



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## Restaurant Allergy Information

### Sticky BBQ Glaze

#### Allergy Advice

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**Contains** None of the 14 allergens are contained in this product

#### Ingredients

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Sugar, Tomato Paste, Golden Syrup, Black Treacle, Spirit Vinegar, Maize Starch, Salt, Smoke Flavouring, Onion Powder, Garlic Powder, Paprika, Smoked Paprika, Smoked Salt, White Pepper, Clove.

### Tuna Steak

#### Allergy Advice

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**Contains** Fish

#### Ingredients

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Tuna (Fish) (Thunnus albacares) (100%)

### Sweet Chilli Sauce

#### Allergy Advice

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**Contains**

**May Contain** Traces of peanuts

#### Ingredients

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Water, Glucose-Fructose Syrup, Sugar, Modified Maize Starch, Spirit Vinegar, Acidity regulator (Acetic Acid) Dried Red Bell Peppers, Dried Garlic, Tomato Paste, Dried Crushed Chillies (0.6%), Salt, Preservative (Potassium Sorbate) Colour (Paprika Extract)



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## Restaurant Allergy Information

### Minted Lamb Shank

#### Allergy Advice

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**Contains** Barley

#### Ingredients

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Lamb Shank (68%), Rosemary and Mint Gravy (32%)

Rosemary and Mint Gravy contains: Water, Sugar, Modified Maize Starch, Acidity Regulators (Sodium Acetate, Citric Acid), Salt, Dried Rosemary, Dried Mint, Yeast Extract, Garlic Powder, Colour (Paprika Extract), Malt Extract (from Barley), Natural Flavouring.

### Italian Style Meatballs

#### Allergy Advice

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**Contains** Wheat

#### Ingredients

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Beef (75%), Onion, Red Pepper, Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Tomato Paste, Salt, Brown Sugar, Stabiliser (Disodium Diphosphate), Oregano, Basil, Garlic Powder, Black Pepper, Fennel, Nutmeg Extract, Pepper Extract, Thyme Extract.

### Arrabiata Sauce

#### Allergy Advice

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**Contains** None of the 14 allergens are contained in this product

#### Ingredients

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Tomatoes (71%), Water, Mixed Peppers (5%), Onions, Concentrated Tomato Purée (3.5%), Sugar, Rapeseed Oil, Modified Maize Starch, Dried Onions, Salt, Basil Leaf, Garlic Purée, Oregano, Chilli Powder, Acidity Regulator (Citric Acid), Paprika, Ground Black Pepper.



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## Restaurant Allergy Information

### Pasta

#### Allergy Advice

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**Contains** Wheat

#### Ingredients

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100% Durum Wheat Semolina

### Butternut Squash & Lentil Wellington

#### Allergy Advice

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**Contains** Wheat

**May Contain** Traces of nuts & peanuts

#### Ingredients

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Butternut Squash Mix (75%) {Lentils (20%), Butternut Squash (12%), Chickpeas, Water, Spinach, Onion, Spring Onions, Tomato Paste, Margarine [Palm Oil, Rapeseed Oil, Water, Colour (Annatto, Curcumin), Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Flavouring], Rapeseed Oil, Potato Flakes [Potato, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Stabiliser (Disodium Diphosphate), Antioxidant (Ascorbyl Palmitate), Colour (Curcumin)], Garlic, Modified Maize Starch, Salt, Parsley, Coriander, Cumin, Chilli, Nutmeg}, Filo Pastry (21%) {Wheat Flour [Water, Cornflour, Salt, Preservative (Potassium Sorbate)]}, Glaze {Margarine [Palm Oil, Rapeseed Oil, Water, Colours (Annatto, Curcumin), Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Flavouring]}, Topping (Paprika, Onion Seeds, Parsley).

### Moroccan Cauliflower Roulade with Chickpea Chutney

#### Allergy Advice

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**Contains** None of the 14 allergens are contained in this product

#### Ingredients

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Ingredients List (as declared on packaging) Water, Gluten Free Self-Raising Flour [Rice, Potato, Tapioca, Maize, Buckwheat, Raising Agents (Monocalcium Phosphates, Sodium Bicarbonate), Thickener (Xanthan Gum)], Chickpeas (7%) [Water, Salt, Antioxidant (Ascorbic Acid)], Tomato (7%) [Tomatoes, Tomato Juice, Acidity Regulator (Citric Acid)], Cauliflower (7%), Red Pepper, Yellow Pepper, Vegetable Fat (Palm Oil, Sunflower Oil, Rice Flour), Red Onion, Spinach, Chia Seed, Pomegranate Seed, Modified Maize Starch, Oil Pomace (Olive Oil, Rapeseed Oil), Cumin Powder, Smoked Paprika, Coriander Seed, Coriander, Garlic Puree, Salt, Cumin Seed, Turmeric, Coriander Powder, Black Pepper.



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## Restaurant Allergy Information

### Potato Gratin Dauphinoise

#### Allergy Advice

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**Contains** Milk

#### Ingredients

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Potato (47%), Cream (Milk) (45%), Emmental Cheese (7%) (Milk), Salt, Stabiliser (Methyl Cellulose), Garlic, Pepper, Nutmeg.

### French Fries

#### Allergy Advice

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**Contains** None of the 14 allergens are contained in this product

#### Ingredients

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Potato, Rapeseed Oil

### Seasoned Wedges

#### Allergy Advice

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**Contains** Wheat

#### Ingredients

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Potatoes (86%), Coating (8%) [Wheat Flour, Salt, Modified Starch, Starch, Starch, Spices (Black Pepper, Chilli Pepper, Cayenne Pepper), Garlic Powder, Onion Powder, Raising Agents (E450, E500), Yeast Extract, Spice Extracts (Black Pepper), Dextrose], Sunflower Oil (6%)

### New Potatoes

#### Allergy Advice

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**Contains** None of the 14 allergens are contained in this product

#### Ingredients

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Potato





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## Restaurant Allergy Information

### Rapeseed Oil

#### Allergy Advice

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**Contains** None of the 14 allergens are contained in this product

#### Ingredients

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Rapeseed Oil, Antifoaming Agent (Dimethylpolysiloxane)

### New York Style Cheesecake

#### Allergy Advice

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**Contains** Egg

**Contains** Milk

**May Contain** Nuts

#### Ingredients

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Cheesecake (82%): Medium fat soft cheese (59%) (skimmed milk cream (milk), maize starch, stabilisers xanthan gum, locust bean gum), sugar, pasteurised whole egg, whipping cream (milk), water, whole milk powder, egg yolk, modified maize starch, concentrated lemon juice, natural flavouring. Biscuit Base (18%): Gluten free flour blend (rice, potato, tapioca, maize, buckwheat), margarine (palm oil, rapeseed oil, water, emulsifier: mono- and di-glycerides of fatty acids; natural flavouring), Demerara sugar, butter (milk).

### Strawberry Coulis

#### Allergy Advice

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**Contains** None of the 14 Allergens are contained in this product



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## Restaurant Allergy Information

### Sticky Toffee Pudding

#### Allergy Advice

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**Contains** Egg

**Contains** Milk

**May Contain** Traces of nuts & soya

#### Ingredients

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Re-hydrated Dates [Water, Dates (Dates, Rice Flour)], Partially Inverted Refiners Syrup, Sugar, Gluten Free Flour Blend (Rice, Potato, Tapioca, Maize, Buckwheat), Butter (Milk), Muscovado Sugar, Whipping Cream (Milk), Egg, Water, Modified Maize Starch, Raising Agent (Sodium Bicarbonate), Gluten Free Baking Powder [Raising Agent (Monocalcium Phosphates, Potassium Hydrogen Carbonate)], Flavouring.

### Toffee Sauce

#### Allergy Advice

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**Contains** Milk

#### Ingredients

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Skimmed Milk, Sugar, Unsalted Butter (Milk), Water, Dextrose, Double Cream (Milk), Modified Maize Starch, Dried Glucose Syrup, Colour (Plain Caramel), Flavouring, Emulsifier (Mono- and Di-Glycerides of Fatty Acids).

### Apple and Damson Pie

#### Allergy Advice

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**Contains** Wheat

**May Contain** Traces of egg, milk, nuts & soya

#### Ingredients

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Apple (44%), Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Sugar, Damsons (11%), Water, Margarine [Palm Oil, Rapeseed Oil, Water, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Flavouring], Shortening (Palm Oil, Rapeseed Oil), Modified Maize Starch, Gelling Agent (Pectin), Salt, Stabiliser System [Modified Maize Starch, Gelling Agent (Pectin), Acidity Regulator (Trisodium Citrate)], Flavouring, Colours (Curcumin, Annatto).



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## Restaurant Allergy Information

### Chocolate Orange Dessert

#### Allergy Advice

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**Contains** Soya

**May Contain** Traces of nuts and peanuts

#### Ingredients

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Chocolate Mousse (61%) {Dessert Topping [Water, Golden Syrup, Palm Kernel Oil, Palm Oil, Emulsifiers (Sodium Stearoyl-2-Lactylate, Polysorbate 60, Polyglycerol Esters of Fatty Acids, Soya Lecithin), Colours (Annatto, Curcumin, Plain Caramel), Stabilisers (Hydroxypropyl Methyl Cellulose, Xanthan Gum), Acidity Regulators (Disodium Phosphate, Sodium Dihydrogen Citrate), Flavouring, Salt], Water, Chocolate (9%) [Cocoa Butter, Cocoa Mass, Emulsifier (Soya Lecithin), Sugar, Natural Vanilla (Flavouring)], Dextrose, Cocoa Powder, Icing Sugar, Modified Maize Starch, Orange (Flavouring)}, Brownie (28%) {Sugar, Margarine [Palm Oil, Rapeseed Oil, Water, Emulsifier (Mono- and Di-Glycerides of Fatty Acids)], Cocoa Powder, Pea Flour, Maize Starch, Pea Protein, Water, Tapioca Starch, Bamboo Fibre, Gluten Free Baking Powder [Raising Agents (Disodium Diphosphate, Sodium Bicarbonate)], Flavouring}, Orange Sauce (8%) [Water, Sugar, Orange Concentrate, Modified Maize Starch, Acidity Regulator (Citric Acid), Natural Orange (Flavouring)], Gluten Free Biscuit Crumb (2.5%) {Gluten Free Flour [Potato Starch, Rice Flour, Stabiliser (Xanthan Gum)], Margarine [Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier (Polyglycerol Esters of Fatty Acids), Colours (Curcumin, Annatto), Flavouring], Oat Flour, Demerara Sugar, Water, Sugar, Cocoa Powder, Partially Inverted Refiners Syrup, Glucose Syrup, Gluten Free Baking Powder [Raising Agents (Disodium Diphosphate, Sodium Bicarbonate)], Salt, Stabiliser (Xanthan Gum)}.

### Ice Cream

#### Allergy Advice

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**Contains** Milk

**Contains** Egg